



# Auditing your outdoor space

(a) Engaging babies with nature (adapted from [Kemp, Josephidou and Durrant, 2020](#))

Firstly, consider how much time babies spend outdoors:

How frequently are babies taken outside each day?	Never / Once a day / Twice a day / More than twice a day
What steps could you take to increase this?	<i>E.g. both AM and PM</i>
How long do babies spend outside each day?	No time / Up to 30mins / Up to 60mins / More than 60mins
What steps could you take to increase this?	<i>E.g. napping or eating outdoors</i>

Now think about what experiences you provide outdoors and what potential there is to introduce new ones:

Experience	Action needed
Exploring soil or sand	
Eating	
Growing plants	
Listening (e.g. to windchimes)	
Looking (e.g. at mobiles)	
Lying down	
Sleeping	
Smelling (e.g. flowers or herbs)	
Tasting (e.g. edible plants)	
Touching (e.g. textured surfaces)	

(b) Enhancing nature (adapted from Derbyshire Wildlife Trust's School Grounds Habitat Audit)

Have a look at the below list and think about which of the following homes for nature you already have. Then make a note of which you could add to your outdoor area:

Homes for nature	Action needed
Bat boxes	
Bird feeders/ tables/ boxes	
Compost bins	
Dead wood	
Grass (long or short)	
Hedgehog house or leaf pile	
Insect homes	
Log or stone piles	
Plants in containers	
Vegetable or herb garden	
Wildflowers	
Flowerbed	