



Recommended plants for urban settings

Derbyshire Wildlife Trust have provided us with a list of recommended plants for urban nursery settings. These have been chosen because of the ways in which they can offer babies opportunities for sensory engagement, for instance:

- Lambs ear, known for its tactile qualities due to its soft, fur-like leaves
- Star jasmine, a climber with a sweet fragrant scent
- Alliums, which are vibrant colours with long stems
- Perennial herbs like rosemary and thyme, which are edible
- Lavender (e.g. *Imperial Gem*), which will attract butterflies, moths and bees that babies can watch and listen to.



Consider adding some of the following to your outdoor area. Make sure you check the height and the spread to planting area:

Climbers

- Star jasmine '*Trachelospermum jasminoides*'
- *Akebia quintata*
- *Jasminum officinale* (common jasmine)

Small Shrub for Pots

- 'Buddleja Little Purple' ('BotEx 001') (PBR) (Butterfly Candy Series)'

Bulbs

- Crocus 'Mixed Colours'
- Allium bulbs

Plants

- *Verbena rigida*
- *Penstemon* 'Sour Grapes'
- *Stachys byzantina* 'Silver Carpet' - lamb's ears
- *Veronicastrum virginicum* 'Fascination'
- *Phlox paniculata* 'Starfire'
- *Aster* × *frikartii* Mönch 'Michaelmas Daisy'
- *Bergenia* 'Bressingham White' - elephant's ears
- *Leucanthemum* × *superbum* 'Snowcap'
- *Scabiosa* 'Butterfly Blue'
- *Primula veris* 'Cowslip'
- *Pulmonaria* 'Sissinghurst White'
- *Astrantia* 'Burgundy Manor'
- *Salvia officinalis* 'Purpurascens' - purple sage
- *Lavandula angustifolia* 'Imperial Gem'
- *Allium schoenoprasum* - chives
- *Thymus* 'Lemon Variegated'
- *Salvia Rosmarinus* - rosemary